
Liver Flush: Help or Hoax?

by: Dr. E. W. McDonagh, DO

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I am submitting the case history of my patient Lyle Hanson for Publication. Mr. Hanson wants more people to learn about the benefits of liver flush. Perhaps his experience will stimulate interest.

Mr. Hanson is a 62-year-old overweight, caucasian man with diabetes. In 1994, he had a nephrectomy. During the work-up for kidney surgery, the radiologist discovered several stonelike densities in the liver and gallbladder. The patient refused surgery for these stones. Several years later during a follow-up MRI, stones were again seen in his liver area.

Mr. Hanson discovered a book at a health food store that outlined a procedure purported to eliminate liver/gallbladder stones. The regimen included apple juice,

grapefruit juice, Epsom salts, and olive oil. It was to be administered over six days monthly.

He followed the procedure. Stones of various densities, colors, and amounts were produced monthly. Mr. Hanson screened, washed and photographed them for 15 months. (There was no further stone excretion after the 14th Treatment.) some floated in water and some sank.

He stated that his fatigue is gone, energy has increased, digestion is now normal, cholesterol is lowered, and vision is sharper.

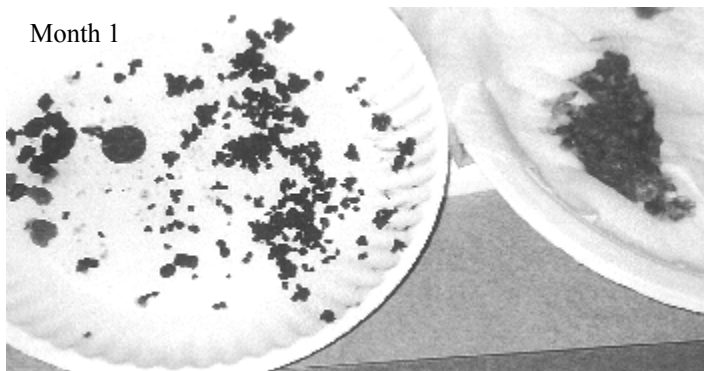
I have been aware of various recipes that might flush out liver stones for at least 30 years. Stories, anecdotal at best, never offered proof of effectiveness, or it was scanty, indeed. Monthly treatments until no more stones appear is crucial.

Treatment contraindications might include intestinal diseases such as duodenal ulcers, ulcerative colitis, and other medical problems. Please seek doctor's advice if contemplating this procedure.

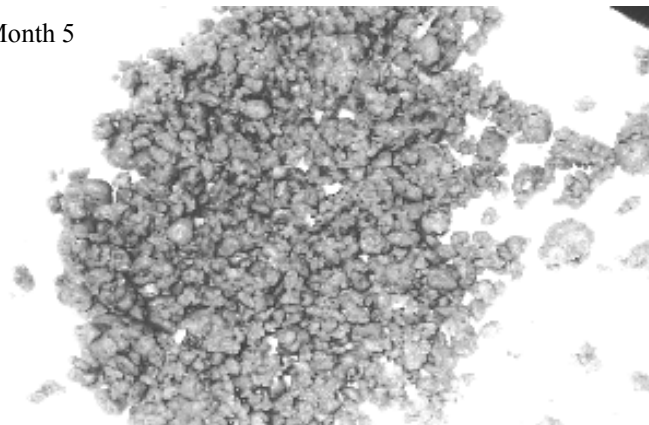
Further details can be had by reading the *Timeless Secrets of Health and Rejuvenation*, by Andreas Motitz, an expert practitioner of Ayurvedic medicine.

Experienced readers' comments are encouraged and requested to be sent to me at DrMcDonagh@aol.com. ♦

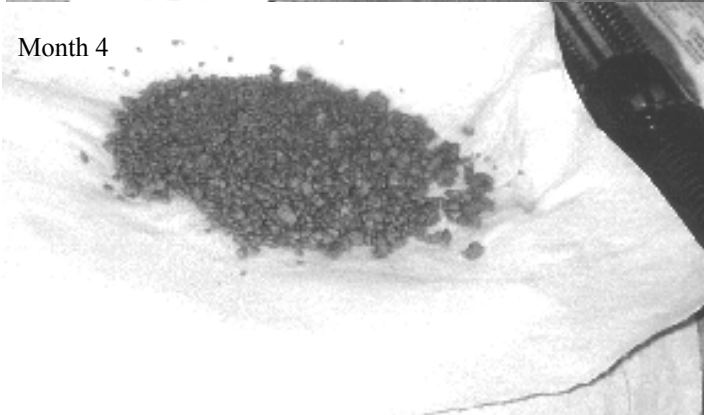
Month 1



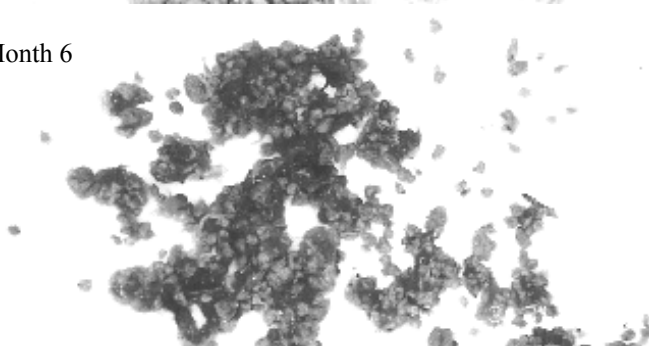
Month 5



Month 4



Month 6



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